**Returning Athletes**

1. Fill out a new Concussion Statement and Participation Statement on ATS by 5/18/19
2. Verify that your emergency contact and insurance information on ATS is correct by 5/18/19
3. Hand in the Potsdam Athletic Training Exit Physical Form by 5/18/19
4. Hand in the Potsdam Athletics Physical Form and Questionnaire by 8/1/19
5. It is a mandatory requirement that athletes provide their athletic trainer with a note specifically*stating* they are able to return to athletics after seeing any type of medical provider, regardless of the reason and regardless if they were not told that they were unable to participate. Discharge papers must specifically state they are able to return to athletics.